

# Shomer Solutions Training Courses

Training Course Title	Time to Complete	Language
Abusive Workplace Conduct Training 30 Minutes	30 Minutes	Eng/Span
<p>This training defines abusive conduct and explores strategies for how to deal with it. It includes the negative effects of abusive conduct, how to recognize it, how to report it, and ways everyone can improve the workplace environment. A quiz is included.</p>		
Active Shooter Preparedness	30 Minutes	Eng/Span
<p>An eLearning course on active shooter preparedness. This training course includes information on organizational preparedness, warning signs, preventative measures, active shooter response, and post-incident actions. A quiz is included. (Contains audio).</p>		
Aerial Lifts and Elevated Platform Safety	30 Minutes	Eng/Span
<p>An eLearning course on aerial lifts and elevated platform safety. This training course includes information on personnel responsibilities, types of aerial lifts, hazard assessments and inspections and common hazards and controls. A quiz is included. (Contains audio).</p>		
Anti-Harassment Training	30 Minutes	Eng/Span
<p>This training defines inappropriate behavior and unlawful harassment in the workplace. It provides strategies on how to recognize harassment, prevent harassment, and how to appropriately report harassment. This training is for all employees and managers and meets both federal and NY state requirements. A quiz is included.</p>		
Bloodborne Pathogens	60 Minutes	Eng/Span
<p>An informative tutorial on bloodborne pathogens, including information on how to protect against such hazards, common types of pathogens and situations where pathogens pose a hazard. A quiz is included.</p>		
Chair Safety - Online	15 Minutes	Eng/Span
<p>This training describes how to create a chair inspection program to assure chair safety.</p>		
Commercial Driving Safety - Photographing Accidents	30 Minutes	Eng
<p>This eLearning course is part of our Commercial Motor Vehicle series (CMV series). This training course includes information on what to do if you are involved in an accident, elements of an accident scene to be photographed, and best practices for photographic documentation.</p>		
Commercial Livery Driving - Driver Safety	120 Minutes	Eng/Span
<p>A training presentation on defensive driving techniques specific to commercial livery drivers. The training will review pre-trip inspection, driving in adverse conditions, and what to do in the event of an accident. This training contains audio.</p>		

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Commercial Livery Driving - Passenger Safety	30 Minutes	Eng/Span
A training for commercial livery drivers that discusses preparation of the vehicle for passengers. The training discusses driving with passengers, communicating with passengers, and dealing with difficult passengers. This training contains audio.		
Commercial Livery Driving - Workplace Violence	30 Minutes	Eng/Span
A training on preventing workplace violence for commercial livery drivers. It discusses preventing robberies, assaults, and what to do in the event of an incident.		
Compressed Gas Safety for Employees	30 Minutes	Eng/Span
An eLearning course on the safe handling and use of compressed gas cylinders. This course contains information about common hazards of working with compressed gas, training and preparedness, safe practices for use and storage, safety devices, and inspection and monitoring guidelines.		
Data Privacy and Information Security	35 Minutes	Eng
This training addresses the importance of data privacy and information security for businesses. Topics covered include protecting PHI, working with confidential information, physical safeguards, types of cyber risks and how to prevent them, protecting company assets, and reporting incidents.		
Distracted Driving for CMV Drivers	30 Minutes	Eng
This eLearning course is part of our Commercial Motor Vehicle series (CMV series). This training increases awareness of the effect distractions have on stopping ability and the many sources of distractions. Distractions covered include physical distractions, environmental distractions, driver aggression, and driver impairment.		
Driver Fatigue	30 Minutes	Eng
This eLearning course is part of our Commercial Motor Vehicle series (CMV series). This course is designed to train employees on the dangers of driver fatigue, natural sleep patterns, and managing fatigue. Videos and questions are included to enhance and confirm understanding.		
Driver Safety - Defensive Driving	60 Minutes	Eng/Span
An eLearning course on Defensive Driving. This course includes information on safe driving habits, following distance, driving at night, sharing the road, and common adverse conditions and emergencies.		
Driver Safety - Distracted Driving	30 Minutes	Eng/Span
An eLearning course on Distracted Driving. Learn how to avoid common types of physical and environmental distractions while on the road, how to identify characteristics of aggressive driving and road rage and how to tell the difference, and what behaviors qualify as impaired driving.		
Driver Safety - Driver Preparedness	30 Minutes	Eng/Span
An eLearning course on Driver Preparedness. This training course includes information on how to conduct a safety inspection of your vehicle and assess potential hazards, how to properly check and use your vehicles safety systems and gear to best prevent injury, and what kind of emergency items to have and safety steps to follow in the event of an emergency. A quiz is included. (Contains audio).		

Training Course Title	Time to Complete	Language
Driver Safety for 15-Passenger Vans	45 Minutes	Eng/Span
Overview of defensive driving techniques specific to 15-passenger vans. Includes requirements for loading, driving in adverse weather, and vehicle maintenance. Includes quiz questions and interactive elements.		
Driving Safety Online Management Overview	15 Minutes	Eng
A training program covering the basics of being a safe driver. A quiz is included.		
Drug-Free Workplace: Reasonable Suspicion Testing	30 Minutes	Eng
This training outlines the reasonable suspicion drug and alcohol testing process which includes observation and documentation of employee behavior, confronting an employee for consent to a drug test, and managing test results. It also provides a highlevel overview of drug use symptoms in employees, along with do's and don'ts during confrontations.		
Drug-Free Workplace: Drug-Free Workplace Programs	15 Minutes	Eng
This training provides an overview on the elements of a Drug and Alcohol Free Workplace Program. It addresses policies, training requirements, drug testing protocols, and best practices to consider when developing a Drug and Alcohol Free Workplace Program.		
Emergency Action Plan	30 Minutes	Eng/Span
A training on the importance of developing an emergency action plan.		
Ergonomics Awareness - Online	45 Minutes	Eng/Span
An online training about ergonomics in the workplace. A quiz is included.		
Ethics in the Workplace	25 Minutes	Eng
This training identifies the benefits of ethical behavior and how to utilize specific skills to demonstrate ethical behavior in the workplace. It outlines general ethical behavior in the workplace for all employees, ethics specifically relating to management behavior and ethics specifically relating front-end employee job functions.		
Exempt vs Nonexempt Classification	10 Minutes	Eng
This training explores strategies that employers can use to properly classify an employee as exempt or nonexempt based on factors such as salary, job classification, and job duties.		
Eye and Face Protection for Management	30 Minutes	Eng/Span
A training program that covers the basics of eye and face protection. A quiz is included.		
Fall Protection	30 Minutes	Eng/Span
This training provides the student a general awareness of the nature of the fall hazards in the work area and how to recognize them, the procedures to be followed to minimize those hazards, and types of fall protection systems. Also covered are procedures for generalized inspection and donning of a full body harness and its components and inspection of a lanyard and its components.		
Fire Extinguisher Safety	30 Minutes	Eng/Span
An online training on how to use fire extinguishers correctly. A quiz is included.		

Training Course Title	Time to Complete	Language
Fire Prevention	30 Minutes	Eng/Span
An online training program on how to prevent fires. A quiz is included.		
General Safety Overview for Health Care Providers	15 Minutes	Eng
This eLearning course is intended for health care providers. The course provides a general overview of healthcare-related tasks including: hazards and controls related to lifting and ergonomics, exposure to infectious diseases, chemical usage, general emergency preparedness, and slips trips and falls.		
Hand and Power Tool Safety	30 Minutes	Eng/Span
An eLearning course on hand and power tools. This training course includes information on the various types of commonly used tools, the importance of proper use and handling of tools and equipment, identifying and communicating hazards, and proper selection and storage of tools. A quiz is included. (Contains Audio).		
Hazard Communication Awareness for Employees	30 Minutes	Eng/Span
This training covers hazard communication and complies with OSHA's hazard Communication Standard (29 CFR 1910.1200). It covers hazard communication programs, chemical container labeling, safety data sheets, as well as safety precautions. It also addresses general first aid procedures associated with overexposure to a chemical substance.		
Hazard Communication Awareness for Managers	30 Minutes	Eng/Span
This eLearning course will assist in the development of an OSHA-compliant Hazard Communication and GHS Program by giving an overview of the program administration requirements; including hazardous chemicals inventory, GHS-compliant labeling, safety data sheets, and worker training.		
Health and Wellness	90 Minutes	Eng/Span
An educational online training program designed to help employees make informed decisions about diet, exercise and lifestyle choices that impact their health and quality of life.		
Hearing Protection	60 Minutes	Eng/Span
An eLearning course on hearing protection. This training course includes information on the anatomy of the ear, causes of hearing loss, noise measurement, exposure limits, elements of a hearing conservation program, and methods of controlling noise exposure. A quiz is included (Contains Audio).		
Heat Stress Prevention	30 Minutes	Eng/Span
An eLearning course on heat stress prevention. This training course includes information on causes of heat stress and heat illness, prevention measures, and requirements for a heat stress prevention program. A quiz is included. (Contains audio).		
HIPAA Awareness	60 Minutes	Eng/Span
The workforce is also subject to HIPAA law. This course is designed for members of the workforce who regularly come into contact with handling protected health information (PHI) in their day-to-day job responsibilities. This course describes the purpose of each component of HIPAA (Privacy, Security, and Breach and Noncompliance), definitions of common terms, and the ways sensitive information is transferred in the workplace. Interactive case studies and links to supplementary PDF handbooks are included.		

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Horseplay Prevention	15 Minutes	Eng/Span
A training with examples and the consequences that resulted from practical jokes on the job. A quiz is included.		
Incident Investigation and Analysis	30 Minutes	Eng/Span
prepare to respond, investigate, and analyze incidents in the workplace. (Contains audio) Formerly titled Accident Investigation and Analysis.		
Machine Safeguarding	45 Minutes	Eng/Span
This training includes information on basic safeguarding, motion hazards, safeguard devices, and conveyor systems.		
Modified Transitional Duty for Management	15 Minutes	Eng/Span
This eLearning course provides information for supervisory management about the advantages of having a return-to-work program in place, the typical components of such a program, and the steps of typical program implementation. (Contains audio).		
Office Ergonomics Self-Assessment	30 Minutes	Eng/Span
An eLearning course on Office Ergonomics Self-Assessment. Students are guided through an assessment of their office workstation, includes information on workplace ergonomics, equipment design, proper posture, and personal factors. (Contains audio).		
Office Workstation Ergonomics	45 Minutes	Eng/Span
This training course is a self-assessment for employees that provides best practices to achieve proper ergonomics in an office environment. Information includes how to maintain a neutral body position through configuration of your chair, keyboard and mouse, monitor, and overall workplace environment. A quiz is included. (Contains audio).		
Patient and Resident Handling	45 Minutes	Eng/Span
An eLearning course on patient and resident handling. This training course includes information on risk factors, written plans, transfer and handling equipment and guidelines. A quiz is included. (Contains Audio).		
Personal Protective Equipment Awareness Training for Employees	30 Minutes	Eng/Span
This eLearning course is designed to train employees on the importance of Personal Protective Equipment (PPE), responsibilities when using PPE, and the most common types of PPE. Types of PPE included in the training are: head protection, eye and face protection, hearing protection, respiratory protection, body protection, hand protection and foot protection.		
Personal Protective Equipment for Management	45 Minutes	Eng/Span
This course is intended for those who are responsible for implementing or enforcing a Personal Protective Equipment (PPE) program. The course includes information on hearing, respiratory and full-body protection, PPE selection, inspection, and maintenance. A quiz and audio are included.		

Training Course Title	Time to Complete	Language
Portable Ladder Safety	30 Minutes	Eng/Span
<p>This awareness-level training addresses ladder safety best practices. It includes information on planning ladder use; selection; inspection; maintenance; storage; and safe work practices for stepladders, extension ladders, articulated ladders, and mobile ladder stands.</p>		
Reasonable Suspicion for Alcohol and Drug Testing	45 Minutes	Eng
<p>This eLearning course is part of our Commercial Motor Vehicle series, (CMV series). Designed for managers of CMV employees, this course covers the following topics: when and how to make a reasonable suspicion determination and require testing, indicators that employees may be under the influence of drugs and alcohol, how to approach employees that may be intoxicated, and what to do if they test positive.</p>		
Respiratory Protection	30 Minutes	Eng/Span
<p>An eLearning course on respiratory protection. This training course includes information on the requirements of a respiratory protection program, types and uses, selection based on hazards, fit test requirements, and proper cleaning procedures. A quiz is included (Contains Audio).</p>		
Safe Lifting	30 Minutes	Eng/Span
<p>An eLearning course on safe lifting. This training course includes information on the importance of safe lifting, the causes of back injuries and discomfort, proper posture, lifting techniques, and injury prevention. (Contains Audio).</p>		
Safety Committee Formation	15 Minutes	Eng/Span
<p>An eLearning course on safety committee formation. This training course includes information on a safety committee's purpose and responsibilities, forming a committee, and running a safety committee meeting. A quiz is included.</p>		
Sexual Harassment and Abusive Conduct (California Compliant for Supervisors)	150 Minutes	Eng/Span
<p>This training module satisfies the California AB1825, AB2053, and SB-396 requirements for sexual harassment training. Designed for supervisors, it includes how to recognize and stop harassment, the regulations regarding employee and employer rights and tips for encouraging an atmosphere of respect in the workplace. The training includes case studies and questions throughout to encourage a thorough understanding of the topic.</p>		
Sexual Harassment Online Management Overview	30 Minutes	Eng
<p>An online training on Sexual Harassment. A quiz is included.</p>		
Slip, Trip, and Fall Prevention for Employees	15 Minutes	Eng/Span
<p>Tips on how to prevent trips, slips, and falls. A quiz is included.</p>		
Social Media and Email	15 Minutes	Eng/Span
<p>An eLearning course on social media and email. This training course includes information on the use of social media in the workplace, email policies and best practices, appropriate content, proper conduct, and information security. A quiz is included. (Contains Audio).</p>		

Training Course Title	Time to Complete	Language
Space Management for CMV Drivers	30 Minutes	Eng
<p>This eLearning course is part of our Commercial Motor Vehicle series (CMV series). In this course, you'll learn the following: controlling your following distance, minimizing the risks posed by your blind spots, safely performing backing operations, navigating intersections, and passing through areas with low overhead clearance.</p>		
Speed and Stopping Distance for CMV Drivers	60 Minutes	Eng
<p>This eLearning course is part of our Commercial Motor Vehicle series (CMV series). In this course drivers review the four actions which are required to stop a vehicle. Also covered are how road, weather, vehicle, and driver condition impact stopping distance.</p>		
Understanding HIPAA - Breach and Noncompliance	60 Minutes	Eng
<p>This course describes the Breach and Noncompliance component of HIPAA including the purpose and definition of the breach notification rule and the tiers of civic and criminal violation penalties for noncompliance. Interactive case studies and links to supplementary PDF handbooks are included.</p>		
Understanding HIPAA - The Privacy Rule	60 Minutes	Eng
<p>An eLearning course on HIPAA Privacy. This training course focuses on the Privacy Rule component of HIPAA describing the regulation for the use and disclosure of protected health information (PHI). The course includes information on use and disclosure, individual rights, administrative safeguards including requirements for covered entities, and state laws. A quiz and case studies are included. (Contains audio, video and a reference handbook).</p>		
Understanding HIPAA - The Security Rule	60 Minutes	Eng
<p>An eLearning course on HIPAA Security. This training course focuses on the Security Rule component of HIPAA describing the protection of electronic protected health information (ePHI). This course includes information on administrative, physical, and technical safeguards necessary to protect an individual's electronic health information, along with state laws. A quiz and case studies are included. (Contains audio, video and a reference handbook).</p>		
What is an Ex-Mod?	5 Minutes	Eng
<p>This short training walks through what an ex-mod is and how it affects a company's bottom line.</p>		
Workplace Violence - Healthcare and Social Services	30 Minutes	Eng/SPAN
<p>An eLearning course on Workplace Violence specifically for Healthcare and Social Service workers. Topics covered include definition and types of workplace violence, risk factors contributing to violence in the workplace, scope and elements of a prevention program, and program controls.</p>		
Workplace Violence Coworker Confrontations	15 Minutes	Eng/SPAN
<p>An eLearning course on Workplace Violence - Coworker Confrontations. This training course includes information on common forms of workplace violence, warning signs and behaviors of potential workplace violence, employee and employer responsibilities in preventing and reporting incidents, and components of a Workplace Violence Prevention Program. A quiz is included. (Contains Audio).</p>		