

Shomer Solutions Safety Videos

Safety Video Title	Video Length	Language
Active Shooter - Surviving an Attack	16 Minutes	Eng
Surviving an Attack provides step-by-step explanations of the survival techniques that law enforcement agencies recommend to help people get through an active shooter incident safely. Time to complete is 16 minutes.		
Asbestos Awareness	21 Minutes	Eng/Span
Asbestos Awareness provides employees with important information needed to understand the health risks associated with asbestos, be able to recognize asbestos hazards in their workplace and know what to do to protect themselves and others from exposure to asbestos, and also helps employers comply with the training requirements of the OSHA Asbestos Standard.		
Back Safety	21 Minutes	Eng/Span
Back Safety emphasizes the importance of overall back care, both at work and at home, including exercises and weight control.		
Back Safety in Office Environments	16 Minutes	Eng
Back Safety in Office Environments discusses situations that can lead to back injuries and what employees can do to avoid them, both at work and at home.		
Bloodborne Pathogens in Healthcare Facilities	28 Minutes	Eng/Span
Bloodborne Pathogens in Healthcare Facilities provides essential information while assisting healthcare organizations in fulfilling the training requirements contained in the OSHA Bloodborne Pathogens Standard.		
Bullying and Other Disruptive Behaviors for Employees	17 Minutes	Eng/Span
Bullying and Other Disruptive Behaviors for Employees provides the information employees need to understand this type of behavior and know how to shut it down when it happens.		
Bullying and Other Disruptive Behaviors for Managers & Supervisors	23 Minutes	Eng
Bullying and Other Disruptive Behaviors for Managers and Supervisors provides managers and supervisors with the information to help prevent this type of behavior in their department and deal with it when it does happen.		
Compressed Gas Cylinders	20 Minutes	Eng/Span
Compressed Gas Cylinders provides the information that employees need to work safely with these potentially hazardous storage containers and the gases inside them.		
Computer Workstation Safety	16 Minutes	Eng/Span
Computer Workstation Safety reviews the safe use of computers, and offers practical solutions to many potential problems.		

Safety Video Title	Video Length	Language
Conflict Resolution in the Office	17 Minutes	Eng/Span
Conflict Resolution in the Office program discusses the techniques and strategies that can be used to limit the damage and disruption conflict can sometimes cause in the workplace.		
Dealing with Drug and Alcohol Abuse for Employees	19 Minutes	Eng/Span
Dealing with Drug and Alcohol Abuse for Employees discusses the hazards of substance abuse, how employees can avoid them and what they can do to help keep their workplace drug and alcohol free.		
Dealing with Drug and Alcohol Abuse for Managers and Supervisors	20 Minutes	Eng/Span
Dealing with Drug and Alcohol Abuse for Managers and Supervisors discusses drug and alcohol abuse, the damage it causes to workers and the businesses that employ them, and what should be done to create and maintain a drug and alcohol free workplace.		
Dealing With Hazardous Spills	18 Minutes	Eng/Span
Dealing with Hazardous Spills helps workers understand the hazards that can be associated with HAZMATs and the cleanup procedures that can mitigate them.		
Distracted Driving	17 Minutes	Eng/Span
Distracted Driving program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.		
Driving Defensively	18 Minutes	Eng/Span
Driving Defensively program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.		
Driving Safety	20 Minutes	Eng/Span
Driving Safety program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.		
Driving Safety: The Basics	21 Minutes	Eng/Span
Driving Safety: The Basics program provides the information employees need to drive cars, vans and small trucks safely, both on and off the job.		
Electrical Safety	18 Minutes	Eng/Span
Electrical Safety program reminds employees about electrical hazards they may face in their jobs, and provides the information they need to work safely around low voltage electricity.		
Emergency Planning	17 Minutes	Eng/Span
Emergency Planning assists facilities in complying with existing OSHA, SARA Title III, and numerous state regulations and helps them prepare for potential emergency situations.		
Evacuation Procedures	18 Minutes	Eng/Span
Evacuation Procedures provides the information employees need to learn what steps to take to act quickly and safely during an evacuation.		
Eye Safety	15 Minutes	Eng/Span
Eye Safety provides employees with the information they need to recognize and avoid eye hazards that they can encounter in their workplace.		

Safety Video Title	Video Length	Language
Fall Protection	12 Minutes	Eng/Span
Protection program provides the information employees need to work safely when they are off the ground, and satisfies the major training requirements in the OSHA Standard on Fall Protection.		
Fighting Fatigue in the Workplace	15 Minutes	Eng
Fighting Fatigue in the Workplace discusses the causes of fatigue, the hazards that it creates and what employees can do to avoid it.		
Fire Prevention in Healthcare Facilities	17 Minutes	Eng/Span
Healthcare Facilities program looks at how fires in healthcare facilities start, and what can be done to prevent them as well as what employees should do in case of a fire emergency.		
Fire Prevention in the Office	16 Minutes	Eng/Span
Fire Prevention in the Office looks at what causes office fires and what can be done to prevent them as well as what employees should do in case of a fire emergency.		
First Aid	18 Minutes	Eng/Span
First Aid discusses what employees should do and not do when someone is sick or injured, and how to determine when they should call for emergency assistance.		
Fitness and Wellness	16 Minutes	Eng/Span
Fitness and Wellness shows employees how small changes in lifestyle can produce big benefits. While wellness is a gradual process, eliminating negative lifestyle factors can quickly begin to improve employees' health.		
GHS Container Labeling	13 Minutes	Eng/Span
GHS Container Labeling discusses the six types of information contained on a GHS label, and the differences between GHS labels and other types of chemical hazard labels.		
GHS Safety Data Sheets	17 Minutes	Eng/Span
Safety Data Sheets program reviews the composition of GHS Safety Data Sheets, the information that's contained in each section and how SDSs are different from Material Safety Data Sheets.		
Hand & Power Tool Safety	17 Minutes	Eng/Span
Hand and Power Tool Safety discusses hand and power tool hazards, and shows employees the equipment and safe practices they can use to prevent injuries.		
Hand, Wrist & Finger Safety	16 Minutes	Eng/Span
Hand, Wrist and Finger Safety reviews the hand, wrist and finger hazards that employees may encounter in their workplace, and show them the equipment and safe work practices they can use to prevent injuries.		
Handling A Sexual Harassment Investigation	20 Minutes	Eng/Span
Handling a Sexual Harassment Investigation program looks at a company's legal responsibility to prevent and deal with sexual harassment incidents, examines policies and procedures that should be followed when investigating allegations of sexual harassment and discusses how to interview apparent victims, alleged harassers and potential witnesses.		
Hazard Communication in Healthcare Facilities	21 Minutes	Eng/Span
Hazard Communication in Healthcare Facilities both introduces employees to the Hazard Communication regulations and provides training on the various groups of chemicals found in the healthcare environment.		

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Hazard Recognition	17 Minutes	Eng/Span
Hazard Recognition provides the information employees need to help prevent workplace accidents and injuries from occurring.		
Hazardous Materials Labels	22 Minutes	Eng/Span
Hazardous Materials Labels is designed to help employees understand the characteristics of different labeling systems and the ways that each convey information.		
Heat Stress	13 Minutes	Eng/Span
Heat Stress reviews how heat affects the body, the steps employees can take to prevent heat stress, and elementary first aid that can be given to a worker who has been affected by a heat-related illness.		
HIPAA Rules and Compliance	21 Minutes	Eng
HIPAA Rules and Compliance defines HIPAA terms, explains the regulation and discusses what business entities and employees in healthcare-related fields need to do to comply with them.		
I2P2 - Injury and Illness Prevention Programs	20 Minutes	Eng/Span
I2P2: Injury and Illness Prevention Program provides employees with important information on how this organized approach to workplace safety can significantly reduce accidents and injuries, and how the workers themselves can play a major role in making the program work.		
Introduction to GHS	21 Minutes	Eng/Span
Introduction to GHS reviews what the Globally Harmonized System is all about, why OSHA adopted the GHS, and the phase-in dates for implementing the GHS.		
Ladder Safety	13 Minutes	Eng/Span
Ladder Safety reminds employees not to take using ladders for granted, and to take the appropriate precautions when using ladders.		
Lock-Out/Tag-Out	23 Minutes	Eng/Span
Lock-Out/Tag-Out provides employees with the information they need to avoid energy-related hazards, while at the same time helping employers meet OSHA training requirements.		
Machine Guard Safety	19 Minutes	Eng/Span
Machine Guard Safety is designed to provide employees with a thorough understanding of the machinery hazards that they may face, as well as how to avoid these hazards.		
Materials Handling Safety	18 Minutes	Eng/Span
Materials Handling Safety provides the information employees need to work safely when handling and moving various types of materials.		
Office Ergonomics	17 Minutes	Eng/Span
Office Ergonomics addresses ergonomic problems as well as potential adverse effects and pragmatic solutions to these problems in an office environment.		
Office Safety	19 Minutes	Eng/Span
Office Safety shows employees that hazards really do exist in an office environment, and how important it is to use good safety practices as they go about their work.		

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OSHA Recordkeeping for Employees	17 Minutes	Eng/Span
OSHA Recordkeeping for Employees helps facilities comply with OSHA's Recordkeeping regulation (29 CFR Part 1904). It shows employees actual workplace incidents that demonstrate how to report accidents and what information they need to furnish. This program can be used in conjunction with MARCOM's OSHA Recordkeeping for Managers and Supervisors program to train all levels of personnel and provide them with a common base of understanding about recordkeeping requirements.		
OSHA Recordkeeping for Managers and Supervisors	21 Minutes	Eng/Span
OSHA Recordkeeping for Managers and Supervisors helps facilities comply with OSHA's Recordkeeping regulation (29 CFR Part 1904). It covers the details of the regulation's requirements and shows actual workplace incidents that demonstrate what a manager's responsibilities are in documenting and reporting recordable accidents. The course can be used in conjunction with MARCOM's program OSHA Recordkeeping for Employees to train workers at all levels, and provide them with a common base of understanding about OSHA's recordkeeping requirements.		
Personal Protective Equipment	27 Minutes	Eng/Span
Personal Protective Equipment specifically to involves employees in the process of understanding the proper use of personal protective equipment and to help facilities in fulfilling OSHA's Personal Protective Equipment Standards (29 CFR,1910. 132, 133, 134,135,136,137,138) training requirements. The program looks at why personal protective equipment is so important and reminds employees of what is available.		
Preventing Sexual Harassment for Employees	12 Minutes	Eng/Span
Preventing Sexual Harassment for Employees provides employees with the information they need to help prevent sexual harassment in their workplace, and deal with it effectively if it does occur.		
Preventing Sexual Harassment for Managers and Supervisors	15 Minutes	Eng/Span
Preventing Sexual Harassment for Managers and Supervisors provides managers and supervisors with the information they need to identify situations that could lead to sexual harassment, help prevent harassment in their departments, and deal with it effectively if it does occur.		
Respiratory Protection and Safety	22 Minutes	Eng/Span
Respiratory Protection and Safety provides employees with important information needed in order to understand the risks associated with airborne contaminants and helps facilities in complying with requirements of the OSHA Respiratory Standard.		
Safe Lifting	18 Minutes	Eng/Span
Safe Lifting provides the information employees need to protect their backs when they are lifting and carrying.		
Safety Audits	15 Minutes	Eng/Span
Safety Audits provides employees with an understanding of the goals and procedures that are involved in a safety audit, shows them how they can help in the audit process and describes specific safe work practices.		
Safety Awareness for New Employees	34 Minutes	Eng/Span
Safety Awareness for New Employees addresses many of the most important safety issues confronting employees, so new hires can start working safely right away.		
Safety Housekeeping and Accident Prevention	16 Minutes	Eng/Span
Safety Housekeeping and Accident Prevention provides workers with the information they need to recognize on-the-job hazards and explains how they can prevent them.		

Safety Video Title	Video Length	Language
Safety Orientation	16 Minutes	Eng/Span
Safety Orientation discusses common hazards that can be encountered on a job site and the safe practices and equipment that workers can use to avoid injuries.		
Safety Showers & Eye Washes	11 Minutes	Eng/Span
Safety Showers and Eye Washes reviews situations where safety showers and eye washes should be used, as well as how to use them properly.		
Slips, Trips & Falls	17 Minutes	Eng/Span
Slips, Trips and Falls shows employees the situations that can lead to slips, trips and falls, and what they can do to avoid or prevent these accidents.		
Tuberculosis in the Healthcare Environment	24 Minutes	Eng/Span
Tuberculosis in the Healthcare Environment has been specifically created to assist healthcare employees on the front lines in the fight against TB by providing them with the latest information on the tuberculosis threat, the infection hazards they may encounter in their job and the steps they can take to avoid them.		
Using Fire Extinguishers	17 Minutes	Eng/Span
Using Fire Extinguishers looks at different types of fires, discusses how they should be put out, and explains how employees can use extinguishers effectively and safely if a fire emergency occurs.		
Walking and Working Surfaces	17 Minutes	Eng/Span
Walking and Working Surfaces training identifies the hazards of different surfaces and provides the practical information and specific procedures employees need to help prevent slips, trips and falls on the job.		
Workplace Harassment in the Office	18 Minutes	Eng/Span
Workplace Harassment in the Office discusses the various types of harassment that are found in the workplace, how they can affect an employee's work situation and what employees themselves can do to help prevent workplace harassment.		
Workplace Stress	15 Minutes	Eng/Span
Workplace Stress helps employees identify potentially stressful situations and learn how to cope with them.		
Workplace Violence	14 Minutes	Eng/Span
Workplace Violence products discusses how employees can help to prevent violence in their facilities and respond safely if aggression takes place.		